

Community Resources

This list is not comprehensive nor is it endorsed or recommended by The Archdiocese of Portland in Oregon or Valley Catholic School. This list is intended for self-referral; researching a service provider's training, qualifications, and experience is strongly recommended.

Testing, Assessments and Support

Mindsights

516 SE Morrison St.
Suite 400
Portland, OR 97214
503-222-0707

<http://www.mindsightspx.com/>

Offers a wide array of psychological testing, assessment, and consultation services. They aim to help young people and/or their families gain a more robust and practical understanding of the unique ways in which any neurodevelopmental, cognitive, emotional, and/or behavioral differences affect a specific individual's adjustment, adaptation, success, and comfort in the world.

**Billing information available on website*

New Horizons Wellness Services, LLC

Triangle Pointe
13333 SW 68th Parkway
Suite 020
Tigard, Oregon 97223
503-352-0240

<https://nhws.us/>

A coordinated care clinic specializing in providing evidenced-based occupational and speech/language therapy, social skills groups, and psychological services for children, adolescents and adults. They offer individual and group therapy to patients with Autism Spectrum Disorders, delayed speech and language development, Sensory Processing Disorder, depression, anxiety, ADHD/ADD, learning disabilities, academic difficulties, etc.

**Billing information available on website*

New Leaves Clinic

1575 NE Arrington Road
Hillsboro, OR 97124
971-634-0570

www.newleavesclinic.com

A holistic mental health resource specializing in the assessment, diagnosis, treatment, and consultation to individuals, families and couples. Patients include gifted children, as well as those with autism, Asperger's, ADHD, dyslexia etc.

**Billing information available on website*

OHSU Doernbecher Children's Hospital

The Child Development and Rehabilitation Center (CDRC)

700 SW Campus Drive, seventh floor
Portland, OR 97239
503-346-0640

<http://www.ohsu.edu/xd/health/child-development-and-rehabilitation-center/>

A family-centered interdisciplinary approach specializing in diagnosis, assessment and intervention related to disorders affecting development.

**Referral from pediatrician/primary care provider required.*

Testing, Assessments and Support continued

Providence Children's Development Institute

Multiple Locations

West Side: 503-216-2339

East Side: 503-215-2278

Newberg: 503-537-3546

<https://oregon.providence.org/our-services/p/providence-childrens-development-institute/>

Provides a comprehensive, family-centered approach to helping children with developmental needs, from infancy through adolescence. Developmental pediatricians work together with psychologists, therapists, audiologists, dietitians and social workers to create individualized programs for each child.

**Referral from pediatrician/primary care provider required.*

The Children's Program

6443 SW Beaverton Hillsdale Hwy Suite 300

Portland, OR 97221

503-452-8002

www.childrensprogram.com

Offers diagnostic, consultative, training, and treatment activities related to psychometric, emotional, educational, developmental, physical, and neurological assessments.

**Billing information available on website*

Occupational, Physical, and Speech Therapy

Advanced Pediatric Therapies

8339 SW Beaverton Hillsdale Hwy

Portland, OR 97225

503-245-5639

Email: becky@aptot.com

www.advancedpediatrictherapies.com

A pediatric occupational therapy practice providing a range of opportunities for sensory input, while promoting physical development, challenging motor planning skills, as well as increasing confidence for developing cognitive and social skills.

**Billing information available on website*

OHSU Doernbecher Children's Hospital

The Child Development and Rehabilitation Center (CDRC)

700 SW Campus Drive, seventh floor

Portland, OR 97239

503-346-0640

www.ohsu.edu/xd/health/services/doernbecher/programs-services/speech-language-pathology.cfm

Highly trained speech and language pathologists who are experts at helping your child with: Language comprehension and expression, speech sound production, voice and resonance, fluency, cognition, feeding and swallowing, augmentative and alternative communication.

**Referral from pediatrician/primary care provider required.*

Parkwood Clinic: Speech and Language Therapy

Multiple Locations

Parkwood Bridgeport: 503-894-1539

Parkwood SW: 503-210-1453

www.parkwoodclinic.com/

The Parkwood Clinic believes that learning should be a fun and enjoyable experience. Therapy sessions are 30, 45, 60, or 90 minutes long. The treatment sessions are goal driven and data based to clearly track your child's improvement and changes in their learning pattern. We use a variety of state-of-the-art technology, toys, and activities to achieve this teaching model.

Occupational, Physical, and Speech Therapy continued

Portland State University
Speech and Language Clinic
724 SW Harrison St.
Portland, OR 97210
503-725-3070

<https://www.pdx.edu/sphr/speech-hearing-clinics>

Offers a full range of diagnostic services and intervention for children and adults with communication challenges. Specializes in the areas of: assessment, speech sound disorders, fluency (stuttering), literacy and reading disorders, school-age language, preschool language, and bilingual assessment and treatment.

**Billing information available on website*

Providence Children's Development Institute
Multiple Locations
West Side: 503-216-2339
East Side: 503-215-2278
Newberg: 503-537-3546

<https://oregon.providence.org/our-services/p/providence-childrens-development-institute/>

Provides a comprehensive, family-centered approach to helping children with developmental needs, from infancy through adolescence. Developmental pediatricians work together with psychologists, therapists, audiologists, dietitians and social workers to create individualized programs for each child.

**Referral from pediatrician/primary care provider required.*

Therapy Solutions for Kids
5200 SW Macadam, Suite 100
Portland, OR 97239
503-224-1998

www.therapysolutionsforkids.com

Provides occupational therapy, physical therapy and speech therapy for children with developmental delay, speech and language delays, balance and coordination issues, behavior problems or general sensory dysfunction.

Learning Differences

Language Skills Therapy
10700 SW Beaverton Hillsdale Hwy. Suite 470-2
Beaverton, OR 97005
503-924-3157

www.languageskillstherapy.org

Offers diagnosis, evaluation and remedial therapy for individuals with developmental Dyslexia (Specific Language Disability). Therapists work throughout the greater Portland area during mutually agreed upon times including before school, during the school day and after school.

**Billing information available on website*

Northwest Reading Clinic, Inc.
Tigard Office
7000 SW Hampton, Ste. 240
Tigard, OR 97223
503-620-2223

www.northwestreadingclinic.com

Diagnostic center specializing in diagnosing and treating reading, spelling and comprehension difficulties. Following a thorough diagnostic testing and evaluation, students attend daily sessions for one-on-one treatment with experienced, well-trained clinicians. Serves individuals aged five through adult.

**Billing information available on website*

Learning Differences continued

The Blosser Center for Dyslexia Resources
Office/clinic location: 1907 NE 45th Ave.
Portland, OR 97213 (Inside the Rose City Park Presbyterian Church, NE
45th and Sandy Blvd in the Hollywood District)
503-234-4060
www.theblossercenter.org

The only independent, non-profit center in the Northwest accredited by the Academy of Orton-Gillingham Practitioners and Educators. Dedicated to helping children and adults achieve their potential despite dyslexia or related literacy difficulties.

**Billing information available on website*

Vision

A New Vision
4655 SW Griffith Drive #165
Beaverton, OR 97005
Phone: 503-646-8592
www.anewvisioninc.com/

Offer complete vision care for the entire family. Dr. Stone specializes in optometric vision therapy and vision rehabilitation for children and adults. Conducts diagnostic testing for vision related learning problems and traumatic brain injury and Post Concussive Syndrome. Offers vision therapy for children with learning disabilities such as ADD or dyslexia, lazy eye, traumatic brain injury, etc.

Elks Children's Eye Clinic at OHSU Casey Eye Institute - Marquam Hill
3375 SW Terwilliger Boulevard
Portland, OR 97239
503-494-7830
www.ohsu.edu/xd/health/services/doernbecher/programs-services/eye-care.cfm

Offers complete optical, medical and surgical care for all eye problems. One of the most respected university pediatric ophthalmology programs in the country and are internationally recognized for our work in birth defects of the eye, eye injuries and complications related to premature birth.

Northwest Eye Care Professionals
Peterkort Town Square / Orchard's shopping complex
10970 SW Barnes Rd
Beaverton, OR 97225
503-214-1396
www.doctorbruce.net

Offers comprehensive eye health services for all members of your family as well as specialty services. Evaluates and treats those that have difficulty with learning due to visual processing and rehabilitative care for incidents such as stroke or brain injury.

**Billing information available on website*

Pacific EyeClinic
Multiple Locations
2043 College Way
Forest Grove, OR 97116
503-352-6151
www.pacificu.edu/about/community/healthcare-clinics/pacific-eyeclinic

Pacific University College of Optometry provides eye and vision care clinics at six locations throughout the Portland area. Clinics are open to the public on an appointment basis. Services include vision therapy for eye alignment problems and reading/learning difficulties.

Clinical Psychologists

Forster Fulop

5440 SW Westgate Drive #175
Portland, OR 97221
503-297-3334
Email: info@forsterfulop.com
www.forsterfulop.com

Provides proactive, comprehensive psychological and neuropsychological that can help with diagnosis and treatment planning for (among others):

Attention Deficit/Hyperactivity Disorder, Depression, Anxiety, Learning Disorder, Weak Executive Function, Slow Processing Speed, Obsessive-Compulsive Disorder (OCD), Diabetes Adherence Issues

Jay Edwards, Ph.D.

Clinical Psychologist
516 SE Morrison St. Suite 620
Portland, OR 97214
503-219-9992
Email: doctorjay@comcast.net

Provides individual and family therapy for children, adolescents and young adults with medical and developmental issues, including learning and attention problems, academic performance issues, family discord, parent education, and social disabilities such as Asperger Disorder or Nonverbal Learning Disabilities. Also performs assessment, psychological testing and consultation services for these same conditions.

Christine Wilkes, Psy.D.

2732 NE Broadway Street
Portland, OR 97232
503-888-0591
www.christinewilkes.com/index.html

Offer strengths-based comprehensive assessment and consultation services for children, adolescents and young adults. The evaluation is a creative and collaborative process that is tailored to each person. It is designed to provide a greater understanding of personal strengths and challenges and how to use strengths to the fullest and overcome challenges.

Pacific Psychology & Comprehensive Health Clinic

Portland
1411 SW Morrison St, Suite 310
Portland, OR 97205
503-352-2400

Hillsboro
222 SE 8th Ave, Suite 212
Hillsboro, OR 97123
503-352-7333
www.pacificu.edu/our-resources/pacific-clinics/pacific-psychology-comprehensive-health-clinic

Provides affordable and accessible_outpatient assessment, therapy, and primary care services to children, adults, couples and families at our clinics in downtown Portland and Hillsboro.

Offers counseling and therapy for depression, anxiety, relationship problems, PTSD, and a wide range of other concerns.

Offers assessment and testing for learning disabilities, ADHD and cognitive problems.

**Billing information available on website*

Basic Skill Building (For-Profit Corporations)

Huntington Learning Center
Multiple Locations
800-CAN-LEARN
www.huntingtonhelps.com

Offers highly trained tutors who work with students of all ages and abilities to improve their grades and build self-confidence, organizational skills, and good study habits.

Kumon Math and Reading
Multiple Locations
800-222-6284
www.kumon.com

An after-school math and reading program that employs a unique learning method designed to help develop reading and math skills.

Minds in Motion Tutoring
3425 NE Sandy Blvd.
Portland, OR 97232
503-449-0406
www.mindsinmotiontutoring.com

Offers custom designed reading, writing, math, and homework help tutorial programs for students in K-12.

Sylvan Learning Center
Multiple Locations
888-338-2283
www.sylvanlearning.com

Program is designed to improve academic performance from reading help to test prep.

Early Childhood Resources (Public Agencies)

Clackamas Education Service District
13455 SE 97th Avenue,
Clackamas, OR 97015
503-675-4000
www.clackesd.org/what-we-do/for-students-and-families/early-interventionearly-childhood-special-ed-eieecse/

Works with families, school districts, and community partners to prepare children to enter kindergarten ready to learn. Children ages birth to 5 years whose disability or delay impacts their learning or development are eligible to receive individualized services to meet their needs. Types of services provided include home visiting, consultation in early learning settings such as community preschools, specialized preschool classes, parenting education, and related services. The program is free for eligible families.

Multnomah Education Service District
11611 Northeast Ainsworth Circle
Portland, OR 97220
503-255-1841
www.mesd.k12.or.us/

MECP serves families in all eight school districts in Multnomah County (Centennial, Corbett, David Douglas, Gresham-Barlow, Parkrose, Portland Public Schools, Reynolds, and Riverdale). Services are individually designed to address the special needs of the young child with developmental delays or disabilities. All services are free of charge to eligible children.

Early Childhood Resources (Public Agencies) continued

Northwest Regional Education Service District
Washington Service Center
5825 NE Ray Circle
Hillsboro, OR 97124
503-614-1428
<http://www.nwresdeiecse.org/>

Offers special services and supports to families with children identified as having developmental disabilities or experiencing developmental delays. Coordinates special education services for children who demonstrate significant delays in their development, age birth through kindergarten throughout Clatsop, Columbia, Tillamook and Washington, counties, Oregon.

Child and Family Counseling

Children's Play Therapy, LLC
Nicole Marchant, LPC
Located in the Garden Home area of SW Portland.
(971) 322-5164
www.childrensplaytherapy.com

Offers Synergetic Play Therapy, appropriate for children aged 2-10 years old. Specifically focused on those who have experienced:
Abandonment, Abuse, Adoption, Birth trauma, Bullying, Death of a loved one, Disease/ Illness diagnosis, Divorce, Invasive medical procedures, Natural disasters, Peer issues, Relocation (i.e. moves, foster care), School issues, Sensory Integration issues, Social anxiety, etc.

**Billing information available on website*

Howard Hiton, LPC
516 SE Morrison Street, Suite 1100
Portland, OR 97214
503-234-6972
www.hitonassociates.net/

Helps clients achieve change by assisting them to shift family dynamics, examine their patterns of thinking, develop skills, and gain insight into their lives. Areas of specialty include managing anxiety and depression, school struggles, family conflicts, adjusting to divorce, and substance abuse.

Katie Kennedy, LPC
3434 SW Kelly Street
Portland, OR 97239
503-223-0606

Specializes in Life Changes & Challenges, Stress, Family Concerns, Health Concerns, Adolescent Concerns, Relationships & Love, Depression, Difficult Emotions, Grief, Addictions, Bipolar, Identity Issues

Northwest Anxiety Institute
325 NW 21st Ave, Suite 100
Portland, OR 97209
503-542-7635
www.nwanxiety.com

Helping others achieve freedom from fear, find hope, and embrace greater quality of life through education, support and evidence-based treatments. Offers a unique, interdisciplinary approach for those interested in receiving more intensive treatment.

**Billing information available on website*

Child and Family Counseling continued

Northwest Catholic Counseling Center
8383 NE Sandy Blvd, Suite 205
Portland, OR 97220-4967
503-253-0964
www.nwcounseling.org/

A non-profit organization providing individual, family and child therapy, medication management, classes and workshops for all (non-Catholics welcome).

**Billing information available on website*

Susie Snyder, MSW/LCSW
5616 SE Hawthorne Blvd.
Portland, OR 97215
503-233-2442

Marriage and family therapist, diagnoses and treats mental and emotional issues and concerns within marriages, couples and families.